

Admission Packet Physical Therapist Assistant Program September 2020 – for Class of 2023 Applicants

Dear Prospective Physical Therapist Assistant Student:

Thank you for your interest in our Physical Therapist Assistant Program (PTA). The PTA Program at Edison State Community College uses a selective admission process which means that only a limited number of applicants will be accepted into the program each year. To maximize your success in this application process, it is very important for you to read this application packet carefully and follow the procedures accurately.

The application for the Associate of Applied Science in Physical Therapist Assistant degree program at Edison State Community College is included as part of this packet of information. All information, including the Volunteer/Observation Verification and Recommendation Forms (from two separate clinical sites) must be received or postmarked no later than **January 31, 2021**.

A selection committee will meet to review applications individually, and in **February** will meet with applicants in a group setting. During this meeting, applicants will be asked to provide written answers to questions regarding knowledge of the profession of physical therapy and the roles, responsibilities, and working relationship of physical therapists and physical therapist assistants. The answers provided will become part of the selection process.

Final decisions regarding the selection of the incoming Physical Therapist Assistant "Class of 2023" will be made by **March 31.** The method of notification of the committee's decision is by **email**. Please be sure to update your contact information so that you may be notified of acceptance, waitlist, or regrets.

This PTA Admission Packet contains the documents below. Those in **bold red type** are to be submitted directly to the PTA program by the **applicant**.

- a) Cover letter to Prospective Applicants (page 1) for information only
- b) Edison PTA Program General Information (pages 2-5) for information only
- c) Admission Criteria (page 6) for your use to determine if prerequisites are met
- d) PTA Admission Checklist (page 7) for your use to confirm completion of all steps
- e) Application (pages 9-17)
- f) Volunteer/Observation Hour Tracking Form (page 17 hours must total at least 40 from 2 or more facilities of different types of settings)
- g) Volunteer/Observation Verification and Recommendation Form, (page 15)
 - i. Print at least (2) sets of these
 - ii. Applicant returns page 11 of each set
 - iii. Applicant provides (2) supervising PTs/PTAs with pages 15 and 16 to be returned by them.

Mail, email, fax, or drop off the application, volunteer hours tracking form, and both volunteer/observation verification forms to:

PTA Program Office, Room 340 Edison State Community College 1973 Edison Drive Piqua, Ohio 45356 Email: <u>ptaprogram@edisonohio.edu</u> sFax: 1-844-836-2565 PTA Program Office, Room 109 Edison State Community College 859 W. Market St. Troy, Ohio 45373 Email: <u>ptaprogram@edisonohio.edu</u> sFax: 1-844-836-2565



Edison State Community College PTA Program

The following information is provided to give you a clear picture of the PTA Program at Edison State Community College and the demands and expectations of you as a potential PTA student. Please read this information carefully.

Edison State Community College General Admission: Information about the general admissions process to Edison State Community College can be found online at <u>Edison State Community College</u> or by contacting the Admissions Team at (937) 778-7920. If you are NOT a current Edison student, the general admission process must be completed before your application to the PTA Program will be considered.

Accreditation: The Physical Therapist Assistant program at Edison State Community College is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone 703-706-3245; email: <u>accreditation@apta.org</u>; website: <u>http://www.capteonline.org/home.aspx</u>.

Length of Program: The PTA Program at Edison State Community College is a 5-semester curriculum that starts in the fall term after selection, and runs for 5 consecutive semesters (including summer as Semester 3) and leads to an Associate of Applied Science degree in Physical Therapist Assistant. Some students may have taken some or all of the general education coursework in the PTA curriculum prior to selection. Because of the sequencing of the PTA technical courses, it is required that students selected to the PTA program take all 5 semesters in the designated order of progression to complete the PTA program regardless of the amount of coursework completed prior to admission.

PTA Technical Courses and Clinical Schedule: Applicants to this PTA program should note that the PTA technical courses and clinical schedule are subject to changes and revisions. The PTA technical courses will be scheduled during the daytime hours. In addition, clinical coursework will be scheduled during daytime hours at off-campus clinical sites. Students placed at clinical sites will adhere to the working hours of that particular clinical facility. As a PTA student, you may find it difficult or impossible to maintain outside employment. A student's ability to maintain employment during the 5 semesters of the PTA curriculum will vary depending upon the student's work schedule and the individual's strengths and needs. Applicants should think ahead about their individual plan to combine this rigorous program with outside work in order to be successful at completing the 5 semesters. There will be no special consideration for outside work schedules or time demands.

Travel to Clinical Sites: Students accepted into the PTA program at Edison State Community College must complete off-site clinical assignments in conjunction with on-campus classroom and laboratory instruction. Clinical assignments for students are arranged so that all students can benefit by learning through a variety of clinical experiences. Such assignments may be in clinical facilities outside of the college's service areas of Miami, Darke and Shelby counties. If necessary, students must be prepared to meet the scheduling and financial obligations of time and travel associated with each of the clinical assignments.

<u>Criminal Record Background Checks, Drug Screening, and Health Insurance</u>: Physical Therapist Assistant students provide direct care to young children and older adults in a variety of settings, including client's homes. The *Ohio Revised Code* requires criminal record background checks of all persons providing care for these age groups. Edison's PTA program has an agreement with each clinical setting that our Edison PTA students meet the facility's requirements for employment and thus are required to submit to criminal record background checks prior to entry into the first clinical course. Drug screening is required and proof of personal health insurance is also required prior to entry into PTA-101S.



The Ohio Occupational Therapy, Physical Therapy and Athletic Trainers Board require additional background checks before approval to take the NPTE for Ohio Licensure to practice as a PTA.

Essential Functions of a PTA: Applicants to the PTA Program at Edison State Community College should be aware that there are certain skills necessary to successfully complete the classroom, laboratory and clinical experiences required in the PTA Education Program. These include motor skills, sensory skills, and communication skills. Professional behavior and critical thinking skills are also necessary to perform the essential functions of a licensed PTA.

	requency: O = occasionally 50-74%; F = frequently 75-89%; C = constantly 90-100%	
Physical Skill	Context in which Physical Skill is Used	Performance
		Frequency:
LIFTING:	Partially bear weight of people weighing up to 200# safely	F
	during transfers from a variety of surfaces	
	Positioning of people weighing up to 200#	
	Assisting with functional mobility with a person up to 200#	
LIFTING:	Independently & safely demonstrate the strength to	F
	carry/maneuver heavy equipment weighing up to 50#	
BENDING/ STOOPING:	 Adjust body parts, clothing and/or equipment 	F
KNEELING:	 Work with people on the floor/mat 	F
	Developmental activities	
	ADLs/IADLS/work/Play/Leisure/Social Participation activities	
KEELING:	Assist people who may trip, fall, faint	0
	Perform CPR	
CROUCHING:	Manage wheelchair and other equipment	F
	Place/store equipment & materials	
	Assist with lower body ADLs	
	 Assist person with seated activities 	
CRAWLING:	Work with children on developmental activities	0
	Engage in activities on floor	
REACHING:	Retrieve items from multiple locations	F
	Adjust equipment	
	Guard people	
HANDLING:	Sustain grasp	С
	 Manipulate body parts, tools, equipment 	
DEXTERITY:	Fine motor functions to perform standardized assessments	С
	Fine motor functions to construct, maintain and/or repair	
	orthotic devices/splints & adaptive equipment	
	Fine motor functions to document	
STANDING:	 Stand for extended periods of time up to 8 hours/day 	С
WALKING:	Safely & timely walk within facility for up to 8 hours/day	C
· · · · · · · · · · · ·	 Safely & timely walk over various surfaces (even, uneven, 	
	variety of terrains) inside/outside	
PUSHING/	Wheelchairs with people up to 200# without assistance	F
PULLING	 Other equipment (i.e. IV poles, O2 tanks) 	
-	 Hoyer lifts with people up to 200# with or without assistance 	0
BALANCING:	Assist people with functional activities sustaining Good	C
	balance (w/o losing balance) on even & uneven surfaces	Ŭ
	 Ascend/descend 1 flight of stairs 	

Edison State Community College List of Essential Skills



ENDURANCE	Tolerate full-time work (40 hours/week)	С
BODY MECHANICS:	 Utilize proper body mechanics performing all physical functions 	С
	 Ability to perform complex motor functions necessary to provide therapeutic intervention (exercise, functional mobility, transfers, ADLs/IADLs and emergency treatment to patients). 	

	Sensory Functions	Performance Frequency:
TACTILE:	 Feel to palpate contractions Feel to palpate pulses Feel bony landmarks Feel to identify joints Exert adequate pressure Feel varying skin textures Differentiate between hot/cold Differentiate between sharp/dull 	C
AUDITORY:	 Hear verbal instructions Hear distress sounds & calls for assistance up to 10 feet away Hear environment safety alarms Hear for communication from other team members 	С
VISUAL:	 See in detail client's movements, facial expressions and performance See and attend to behaviors & needs of up to 5 individuals in a group setting See in detail to detect changes in skin integrity, sweating, skin color, swelling, muscle atrophy See to detect non-verbal communication See to detect environmental hazards Read documents Read equipment dials Read manuals/forms Read research material 	С
	Communication Functions	Performance Frequency
SPEAKING:	 Speak clearly & concisely using proper English in person & via telephone with other team members Establish rapport with other team members Motivate and engage others in treatment 	C
RESPONDING:	 Respond to & communicate with others with communication disorders (i.e. aphasia, hearing loss) Respond to & communicate with others from a different background/culture Accurately report findings/results/plans to other team members 1:1 and in team meetings using proper English 	F
COMPREHENDING:	 English oral language English written language 	С
WRITING:	 Clear, legible handwriting Computerized documentation Write in proper English 	С



COMMUNITY COLLEGE				
Cognitive/Behavioral and Social/Behavioral Functions	Performance			
	Frequency			
 Use critical thinking, problem-solving, and sound clinical reasoning in the delivery of physical therapy services including, but not limited to the following: Planning and implementing appropriate client-centered interventions. Making appropriate modifications to therapeutic interventions based on the client's physiological and psychological responses. Identifying the need for consultation and determining the appropriate resource (ie. physical therapist or other health care providers/team members). 	C			
Effectively cope with stress in order to function safely and calmly under demanding educational and changing clinical environments.	С			
 Be aware of surroundings and alert to potential emergencies; respond appropriately to client situations including pain, changes in physical and/or mental status, and risk for falls. 	С			
Manage time effectively; prioritize multiple tasks; maintain composure in situations that require multitasking.	С			
Maintain concentration and focus to attend to demanding and continuous tasks throughout the entire class/lab and/or clinical hours	С			
 Demonstrate interpersonal functions required to build rapport and effectively interact with clients, families, caregivers, supervisors, coworkers, and members of the community; exhibit cultural awareness and sensitivity to members of the same or different cultures; treat others with respect, compassion, politeness, and discretion; exhibit social functions necessary for effective collaboration and teamwork. 	С			
Demonstrate attitudes/actions consistent with the core values and ethical standards of the physical therapy profession.	С			
Demonstrate accountability, responsibility, and maturity in the classroom and the clinical environment when giving/receiving constructive feedback.	С			
 Demonstrate accountability, responsibility, and maturity in the classroom and the clinical environment when engaging in conflict management and problem resolution. 	С			
Abide by established policies and procedures of educational and clinical environments	С			

Edison State Community College's Non-Discrimination Statement: Edison does not discriminate against students on the basis of race, color, creed, religion, age, sex, marital status, sexual orientation, veteran status, national origin, ancestry, citizenship, or disability.



Admission Criteria Physical Therapist Assistant Program

To be considered for selection into the PTA program, qualified applicants will have on file at Edison at the time of application the following official records:

- > Official high school record or GED transcripts and official college transcripts (if applicable)
- Satisfactory ACT, SAT or Accuplacer scores
 - Math Accuplacer score of 263 on Advanced Algebra to place out of MTH-099, an ACT score of 22, or a SAT score of 520
 - Accuplacer score on Reading score of 250 to place out of ENG-091D and ENG-093D or ENG-092D, an ACT Reading score of 22, or a SAT score of 480
- > Overall GPA of 2.5 or higher for previous high school and college work
- Grade of "C" or better in any of the following courses if taken prior to admission to the PTA program: ENG 121S (Composition I), MTH-125S (General Statistics), PHY-110S (Introduction to Physics), BIO-125S (Anatomy & Physiology I), BIO-126S (Anatomy & Physiology II), ALH –101S (Introduction to Health Care) and ALH- 151S (Health Care Medical Terminology).
- As of January 1, 2020, the Ohio Board of Physical Therapy requires all physical therapy and physical therapy assistant students to be at least 18 years of age. This means you will need to be 18 years old prior to the first day of fall semester of the PTA program.

Prospective students should follow the Edison State Community College admission procedure listed in the college catalog and on the website at <u>Program: Physical Therapist Assistant, A.A.S. - Edison State Community</u> <u>College - Acalog ACMSTM</u>. **Applicants Must:**

- ➢ Have successfully completed one year of high school chemistry. Applicants may take Introduction to Chemistry (CHM − 110S) as an equivalent course.
- Have successfully completed one year of high school physics. Applicants may take Introduction to Physics (PHY – 110S) as an equivalent course.
- Have a satisfactory math assessment score and three years of college preparatory mathematics, or a grade of "C" or better in MTH-099D, Intermediate Algebra II.
- Have satisfactory assessment scores in reading and writing to be ready to take Composition I (ENG-121S) or successfully complete Basic Writing (ENG-091D) and College Preparatory Reading (ENG-093D) or Developmental Reading and Writing (ENG-092D).
- Have satisfactorily completed Introduction to Computers (CIT-100S) or computer assessment score to be placed out of this course
- Have completed a minimum of 40 hours of volunteer and/or observation in at least two different Physical Therapy settings with at least 10 hours of this time directly volunteering and/or with a physical therapist assistant. This experience should be completed within three (3) years prior to admission to the program and must be complete at the time your application is submitted.

***For 2021 application deadline only, please see alternative options to observation hours section below. ***

*You must provide pages 13 and 14 of the application packet (2nd and 3rd pages of Volunteer/Observation Verification and Recommendation Form) to **one supervising clinician (PT or PTA) at each facility** where you are doing your volunteer/observation hours. The supervising clinicians will either send or fax them directly back to the PTA program. Your **observation hours will not be credited if the clinicians have not returned these forms** to the PTA program at Edison.

- Program admission packets are available in September of each year. Submit an application for the Physical Therapist Assistant program by January 31 for the year of desired admission to the program. Admission is selective due to limited program space.
- The deadline for all prerequisite coursework is May 31 of the year of desired admission to the program. Assessment testing and the volunteer requirement must be complete when your application is submitted.



Physical Therapist Assistant Admission Checklist (for your use)

Apply to Edison

1. Complete the college application, available in the Registration and Records office, Room 160, or online. If you are currently an Edison student or have been a student in the past you do not need to reapply.

a. **Transcripts**:

- i. If you are currently a **high school student**, have an official transcript from your high school sent to the Registration and Records office.
- ii. If you are a **high school graduate**, have an official final transcript or GED score report certified and mailed by the issuing school directly to Edison State Community College.
- iii. If you have attended college, submit an official transcript from each college attended.

b. ACT or SAT results

- c. Accuplacer Assessment Tests for reading, writing, and math, if required. The Accuplacer testing is required if:
 - i. A candidate has fewer than 15 credit hours of successful college level work; or
 - ii. the ACT or SAT have never been taken; or
 - iii. ACT, SAT, or ASSET scores are more than five years old; or
 - iv. ACT composite score is less than 22 or the SAT verbal score is less than 480 and SAT math score is less than 520.

Contact the Student Development Office at (937) 778-7868 to schedule the Accuplacer testing.

Note: The Registration and Records department will provide the PTA selection committee with a copy of your transcript and test scores once they are on file. It is your responsibility to make sure you have requested scores and/or transcripts from all outside sources as needed. It is your responsibility that all transcripts are translated into English.

Apply to the Physical Therapist Assistant Program

- 2. Complete the enclosed application. There is no fee to apply to the program.
- **3.** Turn in the completed page 13 (for each facility) of the packet, Volunteer Verification and Recommendation Form, with your application and Volunteer/Observation Hours Tracking Form or Alternative activities **no later than January 31, 2021**.
- **4.** Provide pages 15 and 16 of the packet, Volunteer/Observation Verification and Recommendation forms, to a supervising PT/PTA in each facility where you have completed your volunteer/observation hours. Make sure to provide each with a stamped envelope addressed to the PTA Program at Edison State Community College.
- **5.** In addition to complying with the College's general admission procedures, PTA applicants must also comply with criteria specific to the PTA program (see "Admission Criteria," on the previous page.)
- **6.** Applicants will be required to attend a group meeting and individual interview in February as a part of the selection process. At that time, your written answers to a series of questions regarding the profession of physical therapy and the roles, responsibilities, and working relationship of physical therapists and physical therapist assistants will be evaluated.

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2020-2021 Application EDISON STATE COMMUNITY COLLEGE PHYSICAL THERAPIST ASSISTANT PROGRAM

Associate of Applied Science Degree

Edison Student ID Number	Home Phone or	Cell Phone	Date of Birth	
Last Name	Any previous las	st name(s)	First Name	M.I.

Street Address

City St	tate Zip

If you are a current or former student of Edison and this is a new address, please inform Enrollment Services of the change.

Edison E-mail address (preferred) OR alternate email address -- Important: notify of any change

I am submitting the required documents and will notify the PTA program if I decide to withdraw my application. Also, I understand that the contact information submitted must be current and accurate in order to receive information about my status in the program.

Signature

Date

Return application no later than January 31, 2021, to:

PTA Program Office Edison State Community College, room 340 1973 Edison Drive Piqua, OH 45356 Email: <u>ptaprogram@edisonohio.edu</u> Sfax: 1-844-836-2565 PTA Program Office, Room 109 Edison State Community College 859 W. Market Street Troy, Ohio 45373 Email: <u>ptaprogram@edisonohio.edu</u> Sfax: 1-844-836-2565

Send official transcript(s) to: Office of Registration and Records, Room 160.

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Submit your application ONLY if you can answer YES to each of the following questions:

 I have	submitted the following general admission requirements to Edison State Community College
\rightarrow	Application to Edison State Community College
\rightarrow	Official high school transcript and/or GED transcript
\rightarrow	Official college transcript(s) from other colleges attended

A high school transcript has been requested from the following high school and will be received by Edison State Community College's Department of Registration and Records by 1-31-2021:

A college transcript has been requested from the following College(s) and will be received by Edison State
Community College's Department of Registration and Records by 1-31-2021:

I have completed HS or college course work reflecting a 2.5 (on a 4 point scale) overall GPA.

I have completed HS or college Chemistry equivalent to Edison's CHM 110 and received a grade of C or higher.

Name of HS or College where I successfully completed Chemistry:

I have completed HS or college Physics equivalent to Edison's PHY 110 and received a grade of C or higher.

Name of HS or College where I successfully completed Physics:

I have completed 3 years of college preparatory math or college algebra (MTH 099 or equivalent) with a grade of C or higher. Name of HS or college where I successfully completed Math:

I have read all the information contained in the PTA program admission packet. I understand the requirements and demands of this program.

I understand that if I am offered a spot in the PTA program, I **must** complete a successful criminal record background check, have a physical exam, provide proof of required immunizations, provide proof of personal health insurance, and be prepared to submit to a drug screening.

I wish to proceed with my application for selection to the Edison State Community College's PTA program to begin fall 2021.

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Edison State Community College PTA Program

Physical Therapy Volunteer Verification and Recommendation Form Complete one set for each of two facilities

Instructions:

- 1. Edison PTA Program applicants are required to volunteer/observe for a minimum of forty (40) hours at 2 facilities to gain knowledge of this career choice. At least 10 of these hours must be with a licensed PTA.
- 2. The applicant will earn points toward their selection into the PTA program based upon the feedback the program receives from supervisors.
- 3. All pages of this form must be submitted by January 31, 2021.
- 4. The <u>applicant and supervising PT/PTA</u> will complete page 13 of this form and the <u>applicant</u> will return it to the PTA program office. At the completion of volunteer hours at your facility, the applicant will return this page, complete with signature, to the Edison PTA program office in Piqua room 340 or 109 in Troy.

5. The supervising PT/PTA is asked to complete pages 15 and 16 and send by fax, email, or mail to:

PTA Program Office, Room 340		PTA
Edison State Community College		Edisc
1973 Edison Drive	OR	859 V
Piqua, Ohio 45356		Troy,
Email: <u>ptaprogram@edisonohio.edu</u>		Emai
sFax: 1-844-836-2565		sFax:

PTA Program Office, Room 109 Edison State Community College 859 W. Market St. Troy, Ohio 45373 Email: <u>ptaprogram@edisonohio.edu</u> sFax: 1-844-836-2565

Pages 15 and 16 cannot be accepted if returned to the PTA program by the applicant.

- 6. The information provided on these two Volunteer/Observation Verification and Recommendation forms are subject to audit and follow-up calls to the facility from the PTA program. Applicants providing inaccurate or false information will not be considered for selection to Edison State Community College's PTA Program.
- 7. Please feel free to contact the program office at 937-778-7936 if you have questions regarding the volunteer hours.

To Be Completed by Applicant: (PLEASE PRINT)

Applicant Name:	Date of Birth:	
Address:	Phone Number(s):	

To be Completed by Supervising Licensed PT or PTA:

Applicant has observed a total of

_hours at __

_(name of facility).

Supervising PT/PTA Signature

Date

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To Be Completed by Supervising Licensed PT or PTA:

Please read the sample behaviors for each of the six (6) following areas of communication and professional behaviors and evaluate the applicant, then circle the corresponding number to the right of the behavior.

Return form to: PTA Program Office, Room 340 Edison State Community College 1973 Edison Drive Piqua, Ohio 45356

PTA Program Office, Room 109 Edison State Community College 859 W. Market St. Troy, Ohio 45373

(email ptaprogram@edisonohio.edu or fax to 1-844-836-2565)

OR

		Highly <u>Recommend</u> Applicant exhibits Skill/Behavior <u>></u> 90% of time	Recommend Applicant Exhibits Skill/Behavior 80-89% of time	Recommend with <u>Reservations</u> Applicant Exhibits Skill/Behavior 75-79% of time	DO NOT <u>RECOMMEND</u> Applicant Exhibits Skill/Behavior ≤ 75% of time
1.	 Demonstrates responsibility for own learning Sample Behaviors: Demonstrates a willingness to try new things Demonstrates ability to learn by doing Follows instructions with enthusiasm Assists with any situation that arises without hesitation Demonstrates a commitment to learning by seeking out learning experiences Demonstrates accountability for his/her actions and outcomes Adapts to unexpected situations and responds appropriately 	3	2	1	0
2.	 Demonstrates values congruent with those of health care personnel Sample Behaviors: Demonstrates respect for others including their personal space and time Demonstrates a respect for cultural and ethnic diversity Listens to others viewpoints - whether agree or disagree 	3	2	1	0
3.	 Demonstrates attitudes expected of a future physical therapist assistant Sample Behaviors: Demonstrates a sincere interest in the profession of PT Demonstrates initiative and a good attitude in the work environment Demonstrates a genuine interest and caring attitude with patients who are ill or disabled Is proactive and anticipates the needs of others 	3	2	1	0

4.	 Demonstrates behaviors expected of a future physical therapist assistant Sample Behaviors: Dresses appropriately and professionally Follows & respects policies of the facility including confidentiality Understands and appropriately fulfills his/her role as a volunteer/observer Demonstrates compassion toward 				
	those who are ill or have a disability	3	2	1	0
5.	 Uses Effective Interpersonal Skills Sample Behaviors: Interacts well with other professionals and staff Listens attentively and makes appropriate eye contact Interacts appropriately with patients Puts patients at ease with behaviors/attitudes 	3	2	1	0
6.	 Demonstrates timely and accurate communication skills Sample Behaviors: Demonstrates punctuality and fulfills commitments Demonstrates positive and professional communication skills Demonstrates professional and appropriate non-verbal social skills 	3	2	1	0
	Total Points				

Supervising PT/PTA Signature

Printed Name

Comments:

Facility Name and Address

Please provide a phone number and/or email address:

Thank you for serving as a supervising PT/PTA for our program applicant. Your input is valued, appreciated, and is an important part of the evaluation process.

Date

Volunteer Hours Tracking Edison State Community College

Date	Facility	Hours	Signature of Supervisor



Guidelines for Observation Experience

The following are some guidelines for seeking out observation experiences.

- 1. **Make a list** of facilities you know that provide Physical Therapy services. Some ideas include hospitals, outpatient clinics, schools, county MR/DD facilities, nursing homes, home health settings and sports facilities. The phone book or an internet search is a good starting point.
- 2. Choose a few of these facilities to contact; ask if they accept observers in their PT department.
- 3. Ask if there are opportunities to observe under a Physical Therapist Assistant or a Physical Therapist.
- 4. **Set up times to observe**. Remember that you need a total of 40 hours in two Physical Therapy settings and that at least 10 of these hours need to be under a Physical Therapist Assistant.
- 5. **Follow through** on your scheduled time. Be polite, courteous, and respectful of the facility's/therapist's time, and be conscientious about your work tasks.
- 6. **Dress professionally** but comfortable.
- 7. **Document your observation time** on the attached forms. Remember to have the supervising PT or PTA sign off on your forms for each Physical Therapy setting.

Include the signed form with your application for admission to the Edison State Physical Therapist Assistant Program.

Alternative Activities to Observation Hours Changes for January 2021 Applications ONLY

Observation Hours:

Due to COVID-19 implications on the ability to complete observation hours towards application to the PTA program at Edison State Community College for the January 2021 application, the following application provisions are being made:

- 1. For the 2021 application, every attempt should be made to complete in person observation; however, we understand with the current circumstances many facilities are not allowing observation.
- 2. Any applicant who is not able to complete the required 40 hours (in 2 different settings and at least 10 hours with a PTA) of observation towards the January 31, 2021 application deadline MUST complete alternative application assignments as listed below:
 - a. If the applicant has completed and submitted documentation for at least 40 hours of observation, but in only one setting and/or does not have observation with a PTA, the applicant <u>MUST</u> complete 1 of the application activities that covers the areas not observed (applicant choice)
 - b. If the applicant has completed and submitted documentation for at least 20 hours of observation the applicant <u>MUST</u> complete 2 of the application activities (applicant choice)
 - c. If the applicant has completed and submitted documentation for at least 15 hours of observation the applicant <u>MUST</u> complete 3 of the application activities (applicant choice)
 - d. If the applicant has completed less than 15 hours (or none at all) the applicant <u>MUST</u> complete all 5 of the application activities

LIST OF APPLICATION ACTIVITIES:

1. INTERVIEW:

- a. Choose a Physical Therapist or Physical Therapist Assistant to interview (if you only observed with a PT, you must interview a PTA). Please ask the following questions:
 - i. Tell me about your education. Where did you attend school? What did you like and dislike about school? How did your education prepare you to work with different types of patients?
 - ii. Tell me about your job. What setting do you work in? What is your primary concentration or specialty area of treatment? What patient's do you see that make you feel like you definitely chose the right profession? What is difficult about your job? What do you like the most about your job? What advice would you have for someone who is pursuing physical therapy as a professional career?
 - iii. Talk about the PT/PTA relationship. Do you value the PT/PTA relationship? What advice would you have for a new PTA graduate entering the workforce?
 - iv. Give me some final advice. What would you say is the one big thing I need to know as I consider going into the physical therapy field?
- b. After the interview, please write a summary (at least one page) of your findings and how you feel the interview will help mold and lead your entrance into the physical therapy field. What did you learn that you were surprised about?

2. PRACTICE SETTING INVESTIGATION VIDEO REFLECTIONS:

a. You must review and write a reflection answering the questions on three (3) of the seven (7) scenarios provided.

<u>#1 Recovering from a total knee replacement</u>

- Phase 1— <u>https://www.youtube.com/watch?v=BBAXDzXW-nc</u>
- Phase 2-- <u>https://www.youtube.com/watch?v=sWDjyBmh2N4</u>

Phase 3-- https://www.youtube.com/watch?v=ysaXsc3UY0s

- Phase 4-- https://www.youtube.com/watch?v=0ChA291UHiw
- 1. Why do people have total knee replacements?

2. Compare the phases of rehab in regard to goals of the phase, intensity of exercises, and types of exercises you observed.

3. What do you think the biggest challenges are as a PTA working with people after a total knee replacement?

4. What settings may you treat someone who has had a total knee replacement?

#2 DMC Rehabilitation Institute of Michigan

https://www.youtube.com/watch?v=63C8dBqK5ls

- 1. What are the different types of physical therapy offered at this clinical facility?
- 2. What different job roles do the therapists do along with treat patient?
- 3. List 4-5 different types of equipment or treatment interventions you saw in this video.

- 4. What are areas the areas of specialty at this clinic?
- 5. What is the partnership between the SMC Rehab Institute and The Summit?
- 6. Does the therapeutic relationship exist only during the time the patient is in PT?
- 7. What is the demographic of the patients at the clinic (ex—age, diagnoses, etc.)?

8. This is a smaller clinic as far as number of therapists. What are the positives to this? What would be the negatives?

#3 Amputation: Jim's Success Story

https://www.youtube.com/watch?v=FVaC3c-Zc8A

- 1. How did Jim's problem start?
- 2. Did he have an above knee amputation or a below knee amputation?
- 3. What are the goals the team had for Jim?
- 4. Has he met any of these goals?
- 5. What members of the interdisciplinary team did you meet during the video?
- 6. What is a prosthesis?

7. What mental health components are important to monitor for someone who has had an amputation?

8. What was the focus of his inpatient rehab compared to his outpatient PT?

#4 Inpatient Pediatric Rehabilitation

https://www.youtube.com/watch?v=mF3Cx9z2vKI

- 1. What members of the interdisciplinary team member were represented at the rehab center?
- 2. What types of interventions did you see the children go through from a PT perspective? Other disciplines?

3. How is OT and PT different? How would you explain the difference to a patient? Would you explain it differently to a child versus an adult?

- 4. What do you think the challenges are when working in the pediatric setting?
- 5. What do you think some of the rewards would be when working in a pediatric setting?
- 6. How is this setting different than what you may see if you followed a school-based PT or PTA?

#5 Jim's Story: Recovering from a Stroke

https://www.youtube.com/watch?v=uHwygEqgTtc

- 1. After Jim's stroke, what was his initial functional level?
- 2. What disciplines did you see in this video? What were their roles with Jim?
- 3. What was Jim's goal when he got to rehab?
- 4. What did the PT say the purpose of PT is?
- 5. Do you think the family support he had from his wife made a difference?

<u>#6 Phyllis's story of recovery from the ICU</u>

http://www.youtube.com/watch?v=rAEjjcjob-Y

- 1. What lines and tubes do you see Phyllis connected to in the beginning of the video?
- 2. Why do you think the therapists had to wear a gown and gloves (personal protective equipment)?
- 3. Describe how the physical therapy professionals progress her from being bedbound to walking.

- 4. What would be the greatest challenges working with someone like Phyllis?
- 5. What would be the greatest rewards in working with someone like Phyllis?
- 6. Describe the emotion you felt at the end of the video.

#7 Molly SCI pt. at RIC-Chicago

https://www.youtube.com/watch?v=th4KMBJt0hM

1. How did Molly get a spinal cord injury? How old was she at the time of her injury? What level was her injury and how did they describe it?

- 2. What odds did the doctors give Molly of recovery of movement?
- 3. What challenges are there for working with a teenager versus an adult with a spinal cord injury?
- 4. What device did the center have and what criteria did she need to use the device?

5. What are the benefits of the device compared to other similar walking devices used in therapy clinics?

6. What other treatment interventions did the therapists need to work with her on other than walking?

- 7. Describe Molly's motivation during this rehab process.
- 8. At what functional level did she leave the rehab facility?

9. How do you think the burden of care was for her family when she was discharged from the rehab facility?

- 10. How long did it take for Molly to become more independent with hygiene, walking, etc.?
- 11. What devices seemed to give her more independence, as shown at the end of the clip?

3. AMERICAN PHYSICAL THERAPY ASSOCIATION INVESTIGATION:

- a. Visit <u>apta.org</u>
- **b.** Explore the website, especially areas for prospective students and the relationship between the PTA and the PT
- **c.** Spend time getting to know the profession and identify why the information there is helpful in your decision to pursue a PTA degree.
- **d.** Write a response (at least one page) to the following questions:
 - i. What do you find interesting in the information about becoming a PTA
 - **ii.** How do you think the information helps in your decision-making process to pursue the PTA degree?
 - iii. What did you learn that you found interesting regarding becoming a PTA
 - iv. What are the benefits of becoming an APTA member as a student?

4. PATIENT INTERVIEW:

- **a.** Ask around in your friends and family circles to find someone who has been a physical therapy patient. Interview them using the following questions as a guide for your discussion:
 - i. In what type of setting did you receive physical therapy treatment
 - ii. Tell me about your therapist. What did you like or dislike about him/her?
 - iii. What did you do as a patient to help your recovery?
 - **iv.** What advice would you give as I begin my pursuit of a physical therapy professional career?

- v. What did you enjoy about physical therapy? What was difficult?
- **b.** Once you have completed the interview, write a summary (at least one page) of your findings and discuss how the information you gathered will help you in your pursuit of a professional career in physical therapy.

5. ROLE OF THE PTA:

a. Use ANY sources of your choice to assist you in explaining the role of the PTA in the physical therapy treatment of a patient. Describe (at least one page) what you think the PTA role looks like on a day to day basis in a treatment setting of your choice. What is different about the role of the PTA versus the PT?

INSTRUCTIONS FOR SUBMISSION OF APPLICANT ACTIVITIES

Compile all activities required in ONE document. Please save the document to your computer. Compose an e-mail to Edison's PTA program and send to <u>ptaprogram@edisonohio.edu</u>.