

SYLLABUS  
PART I  
EDISON STATE COMMUNITY COLLEGE  
NUR 135S HEALTH PROMOTION OF THE ADULT  
8 CREDIT HOURS

**COURSE DESCRIPTION**

Focus on the fundamental knowledge, skills, and attitudes needed for the practice of evidence-based, patient-centered nursing. Competency areas include beginning skills in basic assessment of human needs, basic physical assessment, and introduction of concepts related to teamwork and collaboration. Quality improvement, safety, and informatics are also covered. Clinical opportunities focus on the development of fundamental nursing skills for the care of the adult and geriatric populations in various settings.

Prerequisite or Co-requisite: BIO 125S and CHM 111S with a grade of “C” or better, and ALH 151S.

Department acceptance into the nursing program is required. Lab fee.

**COURSE GOALS**

The student will:

Bloom’s Level		Program Outcomes
4	1. Identify the needs of the client and the integral role of their support system when providing compassionate care.	1
4	2. Identify leadership skills used during the delivery of safe, quality health care.	2
2	3. Understand accountability, values, ethical, and legal factors in professional nursing care.	2
2	4. Understand the process and importance of implementing evidence-based practice.	3
2	5. Understand safe nursing care through the use of patient care technology and health care information systems.	5
3	6. Demonstrate ability to obtain a comprehensive health history and physical assessment.	5
4	7. Identify appropriate nursing diagnoses, outcomes, and interventions based on client needs.	6
3	8. Understand importance of accurate, timely documentation.	6
3	9. Understand roles, functions, and values of the professional nurse.	7

**CORE VALUES**

The Core Values are a set of principles that guide in creating educational programs and environments at Edison State. They include communication, ethics, critical thinking, human diversity, inquiry/respect for learning, and interpersonal skills/teamwork. The goals, objectives and activities in this course will introduce/reinforce these Core Values whenever appropriate.

**TOPIC OUTLINE**

1. Foundations of Nursing Practice
2. Health Care Systems
3. Profession Nursing Practice
4. Documentation and Informatics

5. Clinical Decision-Making
6. Infection Control
7. Medication Administration
8. Mobility
9. Client Education
10. Vital Signs
11. Psychosocial Concepts for Nursing Practice
12. Comfort, Rest, and Sleep
13. End-of-Life Care
14. Elimination
15. Gas Exchange and Oxygenation
16. Hygiene
17. Nutrition
18. Pain Management
19. Sensory Perception
20. Tissue Integrity
21. Physical Assessment
22. Pharmacology
23. Dosage Calculation