

SYLLABUS  
PART I  
EDISON STATE COMMUNITY COLLEGE  
NUR 135S HEALTH PROMOTION OF THE ADULT  
8 CREDIT HOURS

**COURSE DESCRIPTION**

Focus on the fundamental knowledge, skills, and attitudes needed for the practice of evidence-based, patient-centered nursing. Competency areas include beginning skills in basic assessment of human needs, basic physical assessment, and introduction of concepts related to teamwork and collaboration. Quality improvement, safety, and informatics are also covered. Clinical opportunities focus on the development of fundamental nursing skills for the care of the adult and geriatric populations in various settings.

Prerequisite or Co-requisite: BIO 125S and CHM 111S with a grade of “C” or better, and ALH 151S.

Department acceptance into the nursing program is required. Lab fee.

**COURSE GOALS**

The student will:

Bloom's Level		Program Outcomes
4	1. Identify the needs of the client and the integral role of their support system when providing compassionate care.	1
4	2. Identify leadership skills used during the delivery of safe, quality health care.	2
2	3. Understand accountability, values, ethical, and legal factors in professional nursing care.	2
2	4. Understand the process and importance of implementing evidence-based practice.	3
2	5. Understand safe nursing care through the use of patient care technology and health care information systems.	5
3	6. Demonstrate ability to obtain a comprehensive health history and physical assessment.	5
4	7. Identify appropriate nursing diagnoses, outcomes, and interventions based on client needs.	6
3	8. Understand importance of accurate, timely documentation.	6
3	9. Understand roles, functions, and values of the professional nurse.	7

**CORE VALUES**

The Core Values are a set of principles that guide in creating educational programs and environments at Edison State. They include communication, ethics, critical thinking, human diversity, inquiry/respect for learning, and interpersonal skills/teamwork. The goals, objectives and activities in this course will introduce/reinforce these Core Values whenever appropriate.

**TOPIC OUTLINE**

1. Professional Nursing, Theory, and Leadership
2. Public Health and Community Based Nursing
3. Ethical and Legal Considerations
4. Asepsis and Infection Control
5. Critical Thinking, Research, and Evidence-Based Practice

6. The Nursing Process
7. Assessment
8. Nursing Diagnosis
9. Planning, Implementation, and Evaluation of Interventions
10. Documentation and Informatics
11. Skin Integrity and Wound Care
12. Safety
13. Hygiene and Personal Care
14. Patient Education
15. Communication and Collaboration
16. Medication Administration
17. Physical Assessment
18. Pain Management
19. Urinary Elimination
20. Bowel Elimination
21. Beliefs, Values, and Caring
22. Delegating and Managing Patient Care
23. Nutrition
24. Diagnostic Testing
25. Activity, Exercise, Movement, Mobility, and Immobility
26. Oxygenation and Perfusion
27. Culture and Spirituality
28. Health Promotions
29. Health, Wellness, and Illness
30. Complementary and Alternative Healing Modalities
31. Sleep
32. Cognition and Sensation
33. Grief, Stress, and Coping
34. Perioperative Nursing Care
35. Fluid Balance
36. Electrolyte and Acid-Base Balance
37. Sexuality
38. Pharmacology
39. Dosage Calculations for Medications Laboratory Values (as specified for NUR 135S and related content)