

SYLLABUS
PART I
EDISON COMMUNITY COLLEGE
PED 163S TENNIS II
1 CREDIT HOUR

COURSE DESCRIPTION

Intermediate presentation of the game of tennis, its background, development, rules, strategies for competition, and integration of these into the on-court drills and exercises to develop proper execution of the strokes and techniques of the game. Lab fee.

COURSE GOALS

The student will:

1. A satisfactory and reliable execution of the basic elements of ground strokes, commensurate with physical abilities.
2. A knowledge of rules of play for singles and doubles such that progress of play will not be hampered by questions concerning rules.
3. A respect for tennis etiquette as it mutually benefits the student and his opponent.
4. A satisfactory execution of the forehand, backhand, serve, volley, and other "shots" in the game of tennis.
5. A general understanding of strategies of the competitive game, more popularly called aggressive tennis.
6. An appreciation of the scope of the game as it pertains to personal/group enjoyment and to exercise and physical fitness for all ages.

CORE VALUES

The Core Values are a set of principles which guide in creating educational programs and environments at Edison. They include communication, ethics, critical thinking, human diversity, inquiry/respect for learning, and interpersonal skills/teamwork. The goals, objectives, and activities in this course will introduce/reinforce those Core Values whenever appropriate.

TOPIC OUTLINE

1. Terminology, equipment and safety
2. Warm-up and stretching exercises
3. Basic elements of stroking: forehands, backhands
4. Service
5. Net Play - offensive, aggressive tennis
6. Game rules, scoring
7. Tennis strategies