

SYLLABUS  
PART I  
EDISON STATE COMMUNITY COLLEGE  
PTA 210S INTEGRATED PRACTICE AND CLINICAL PRACTICUM II  
7 CREDIT HOURS

**COURSE DESCRIPTION**

Study of changes which affect the interventions required for progression through the patient/client plan of care developed by the Physical Therapist. Data collection necessary to quantify responses to interventions; documentation and communication of the data are studied. Case studies and direct application of treatment techniques to specific patient conditions are used to facilitate understanding, knowledge and skills required of the PTA in clinical practice. Includes laboratory and clinical practice. Prerequisite: PTA 130S. Co-requisite: PTA 215S. Lab fee.

**COURSE GOALS**

The student will:

Bloom's Level		Program Outcomes
5	1. Plan for patient/client interventions with individuals from a variety of cultural, ethnic and generational backgrounds.	4,7
3	2. Show an understanding of the plan of care developed by the physical therapist to achieve short and long term goals and intended outcomes.	1,3,7
3	3. Develop skills used in progression of treatment during a course of treatment from initial plan of care through discharge consistent with the rationale, indications, precautions and contraindications for these interventions.	1,8,9,10,11,12
4	4. Analyze the types of information that the Physical Therapist Assistant (PTA) needs to report to the Physical Therapist (PT) in order to provide continuity of care for the patient as it applies to a specific patient scenario.	1,5,7
2	5. Interpret physiological responses that may be seen during conditioning activities and progressive endurance exercise across the musculoskeletal, neuromuscular, circulatory and respiratory systems.	1,7,8,9
4	6. Compare patterns of abnormal movement and movement substitutions that are the result of weakness and/or paralysis of given muscle groups resulting from a variety of specific pathological disorders.	1,7,8,12
2	7. Interpret the positive and negative effects that touch may have on an individual's emotions and behaviors.	1,7
5	8. Display a commitment to meet the expectations of the Physical Therapist Assistant and physical therapy profession, including lifelong learning.	3,6
3	9. Exemplify the value of clinical education experience as a component of career development.	3,6
3	10. Produce a correctly sequenced joint mobility to strengthening to function series of activities.	1,7,8
1	11. Describe and reproduce a righting, protective and equilibrium response.	1
4	12. Analyze strategies to address decubitus ulcers in patients with a diagnosis of cerebrovascular accident (CVA).	1,7,9
3	13. Demonstrate correct application of the use of therapeutic massage and traction in the treatment of low back pain.	1,7,9,10,14
2	14. Examine and compare balance deviations associated with CVA insults, from pain, and from immobilization.	1,12,14

4	15. Adapt treatment activities to provide an appropriate level of activity for patients at various levels of conditioning.	1,7,14
1	16. Identify the skin changes and sensory concerns that would be seen as a contraindication for use of an external support device.	1,7,9
4	17. Adapt the performance of a physical therapy intervention for a patient with absent or altered sensation of pain, touch, proprioception or kinesthesia.	1,7,9,14
3	18. Determine the correct functional status of a patient from given evaluative data.	1,7
3	19. Choose the level of instruction for patients and caregivers while accounting for their individual needs and learning styles to effectively achieve outcomes as defined by the plan of care.	1,4,5,14
2	20. Predict when an episode of care has reached an end and when physical therapy services should be terminated.	1,3,7,14
3	21. Develop documentation of clinical encounters effectively for a variety of patients and clinical situations in an accurate, concise and legible manner.	1,4,5,13
2	22. Explain the importance of accurate documentation to facilitate reimbursement for physical therapy services.	3,13
5	23. Express the roles of the Physical Therapist and Physical Therapist Assistant.	3,6
2	24. Participate in a service learning project to assist other organizations and discuss how this relates to physical therapy and the role of the Physical Therapist Assistant.	3,5
3	25. Apply appropriate responses to a given emergency situation.	1,5
4	26. Collect data from published research studies to compare the benefit of selected physical therapy treatment interventions or intervention sequences using evidence based approach.	1,3,13,14
4	27. Identify, describe, and analyze common pathological changes in body systems: musculoskeletal, neuromuscular, cardiovascular, and pulmonary.	1,2,4,7,8,10,13
3	28. Distinguish normal from abnormal muscle tone and apply this knowledge to various patient populations and identify/perform techniques to normalize tone.	2,7,8,9,14
3	29. Use the concepts involved with assistive and orthotic devices during function to demonstrate the safe fit, care, and training of use of these devices.	1,7,12
4	30. Select, illustrate, and explain a home exercise program for a patient/client within a given plan of care utilizing items commonly found in the home.	5,14
3	31. Participate and administer the discharge plan and follow-up of patients as directed by the physical therapist.	2,3,14
5	32. Display behaviors consistent with the expected norms for a physical therapist assistant.	2,3
2	33. Identify and explain the indications, contraindications, and effects of various pharmaceutical agents on all body systems.	1,8,10,11,12
3	34. Apply the knowledge of pharmacological effects and side effects to provide safe and appropriate interventions.	1,7,8,10,11,12

## CORE VALUES

The Core Values are a set of principles that guide in creating educational programs and environments at Edison. They are communication, ethics, critical thinking, human diversity, inquiry and respect for learning, and interpersonal skills and teamwork. The goals, objectives, and activities in this course will introduce or reinforce those Core Values whenever possible.

## TOPIC OUTLINE

1. Adaptive equipment
2. Aerobic conditioning
3. Balance and coordination training
4. Bracing/orthotics/splinting
5. Breathing exercise and interventions
6. Gait facilitation
7. Muscle tone
8. Plan of care
9. Problem based learning
10. Professionalism
11. Professional documentation
12. Range of motion, stretching and strengthening activities
13. Specialized healthcare environments and monitors
14. Therapeutic exercise and progression of exercise
15. Therapeutic handling
16. Therapeutic massage
17. Traction
18. Reimbursement
19. Discharge planning
20. Musculoskeletal, cardiopulmonary, and neuromuscular pathologies and treatments
21. Pharmacology